



Welcome to Boulangerie Bon Matin, a French bakery nestled in the cosmopolitan area of Finsbury Park.

Please let your server know if you have any special dietary requirements or requests - we will always try to accommodate you if we can.

We hope you enjoy your visit, you can find us on twitter, instagram and facebook!

 www.boulangeriebonmatin.co.uk

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Boulangerie

BON MATIN

Cholesterol Busting Oatbran Pancake with Greek yoghurt fresh berries & agave syrup	£6.95
Granola with Greek yoghurt & seasonal fruit	£5.95
Free Range eggs scrambled, poached or fried on rye toast	£5.95
Poached Free Range eggs with avocado purée, chia seeds and red chilli on toasted rye bread	£6.95
Veggie BBM Breakfast free range eggs any style with vegetarian sausage, grilled vine tomatoes, mushrooms and rosemary baby potatoes on rye toast with baked beans	£7.20
Cinnamon French toast homemade brioche, with blueberries, Crème Fraîche & maple syrup	£7.20
Eggs Royale two poached eggs on a toasted English muffin with home-made hollandaise sauce & smoked salmon	£7.00
Eggs Florentine two poached eggs on a toasted English muffin with home-made hollandaise sauce, sauté mushrooms & garlic spinach	£6.50
Mediterranean Eggs Two poached eggs with avocado in a bowl of garlic Greek Yoghurt, drizzled with spiced butter & served with rye toast	£6.50
Oat Porridge with mixed berry compote, maple syrup, cinnamon & toasted walnuts	£5.95

Extras

Smoked Salmon +£1.50; Bread/Toast +£1.00; Egg +£1.00
Ginger +£0.50; Yogurt +£0.50; Veggie Sausage +£1.00; Cheese +£1.00 Honey +£0.30;
Mushroom + £0.50; Baked Beans +£1.00; Avocado +£1.00

Fresh, Handcrafted Baked Goods

*Selection of delicious cakes also on display

Croissant/Brioche	£2.10
Pain au chocolat/Almond Croissant	£2.40
Selection of butter danish	£2.40
Homemade toast with butter and jam	£2.20

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Soup of the day £5.90

Quiche of the day £6.15

Sweet Crêpes

La Miel
Lemon juice with honey or sugar £6.60

French Crêpes
Fresh strawberries, banana, maple syrup & Greek yoghurt £7.60

Savoury Crêpes

*Made with buckwheat flour

La Ratatouille
Ratatouille with cheddar cheese & a fried egg £7.60

La Popeye
Spinach with cheese & béchamel sauce £7.60

Salades du Bassin Méditerranéen

1 main and 3 salads £10.50

1 main and 2 salads £9.50

3 salads £7.50

4 salads £8.50

Main

Roasted marinated free range chicken leg

Seared marinated salmon

Homemade quiche of the day

Sandwiches

Tuscan Club Ciabatta Sundried & fresh tomato, mozzarella, olive paste, red pepper & pesto with rocket £6.05

Mediterranean Ciabatta Roasted aubergine, tomato, courgette, caramelised red onion, houmous & halloumi £6.05

Chicken Tarragon Poached chicken, fresh tomatoes, caramelised onion, emmental cheese, parsley oil & mayonnaise £6.05

Ratatouille Tartine Homemade ratatouille with melted cheddar cheese on rye bread £6.50

Tuna Melt Tuna, red onion, red pepper, parsley, grated cheese and lemon mayo on rye bread £6.50

Salads

1) French green beans, cherry tomatoes, sesame seeds, olive oil, garlic & parsley dressing

2) Roasted aubergine, roasted peppers, pomegranate, mixed nuts & coriander

3) Roasted potato w, caramelised onion, rosemary & mint

4) Roasted butternut squash, chick peas, mixed nuts, coriander, cumin seeds & balsamic dressing

5) Char-grilled broccoli with garlic & chilli

6) Kale, organic quinoa, baby spinach, rocket, sultanas, sweetcorn, pumpkin seeds & sunflower seeds, drizzled with a Peruvian yellow chilli & mango dressing

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Drinks

**Soya, Almond and Skimmed Milk are available on request*

Tea	£1.80
<i>English Breakfast, Earl Grey, Assam, Camomile, Peppermint, Fruit, Green</i>	
Hot water with lemon	£0.50

Coffee and Hot Chocolate	Small	Large
Espresso/Macchiato	£1.80	£2.10
Cappuccino/ Café Latte/Flat white	£2.40	£2.60
Café mocha/Hot chocolate	£2.60	£2.80
Black coffee /Americano	£2.20	£2.40
Child's Hot chocolate	£1.90	
Babyccino	£0.50	
Extra shot	£0.30	

Cold Drinks

Fresh orange or apple juice	£3.10
Citron pressé	£3.10
Organic Luscombe Ginger Beer	£3.00
Coca Cola or Diet Coke	£1.65
Mineral water	£1.50
<i>Still or Sparkling</i>	

Smoothies

<i>Orange, Banana, Strawberry</i>	£3.50	<i>Matcha, Mango, Banana & Almond milk</i>
<i>Apple, Blueberry, Raspberry, Banana, Museli</i>		<i>Kale, Pineapple, Apple, Banana & Mint with Chia Seeds</i>
<i>Acai, Blueberries, Raspberries, Banana & Almond Milk</i>		

Specialty

Affogato	£2.80
Vietnamese Coffee	£2.90
Nitro Cold Brew	£2.70
Artisan Syrup Shot	£0.30
<i>Vanilla, Caramel, Hazelnut</i>	